

This 'Think on it!' task was taken from, 'Big Thinkers and Big Ideas: An Introduction to Eastern and Western Philosophy for Kids', by Sharon Kaye, PhD.



**THINK ON IT!**

Make a list of the five happiest moments of your entire life. This may not be easy to do and the results may surprise you. The vacation you really looked forward to may not make the list. Meanwhile, you may include that one quiet morning when you accidentally woke up early and watched the sun rise all by yourself. Is happiness the same as pleasure in your view? What do you think happiness is?