

## **GIRLS' MERIT STANDARDS**

<b><u>EVENT</u></b>	<b><u>OPEN MERIT</u></b>			<b><u>UNDER 16 MERIT</u></b>			<b><u>UNDER 14 MERIT</u></b>		
	<b>A</b>	<b>B</b>	<b>C</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>A</b>	<b>B</b>	<b>C</b>
100 Metres	13.4s	13.9s	14.4s	13.4s	13.9s	14.4s	13.7s	14.2s	14.7s
200 Metres	29.0s	30.0s	31.0s	29.0s	30.0s	31.0s	30.0s	31.0s	32.0s
400 Metres	72s	73s	75s	71s	73s	75s	-	-	-
800 Metres	2min 44s	2min 49s	2min 57s	2min 43s	2min 48s	2min 56s	2min 49s	2min 54s	3min 2s
1500 Metres	6min 0s	6min 5s	6min 20s	-	-	-	-	-	-
High Jump	1.30 m	1.25m	1.20m	1.35m	1.30m	1.25m	1.30m	1.25m	1.20m
Long Jump	4.30m	4.15m	4.00m	4.50m	4.35m	4.20m	3.95m	3.80m	3.65m
100 Metres Hurdles	16.2s	17.2s	18.2s	-	-	-	-	-	-
75 Metres Hurdles	-	-	-	13.0s	14.0s	15.0s	13.0s	14.0s	15.0s
80 Metres Hurdles	14.8s	15.0s	15.2s	-	-	-	-	-	-
Shot Putt	8.0m	7.5m	7.0m	8.0m	7.5m	7.0m	7.5m	7.0m	6.5m
Javelin	28m	26m	24m	25m	23m	21m	19m	17m	15m
Discus	29m	27m	25m	25m	23m	21m	23m	21m	19m
Ball Throw	-----	-----	-----	-----	-----	-----	34m	32m	30m

## BOYS' MERIT STANDARDS

<u>EVENT</u>	<u>OPEN MERIT</u>			<u>UNDER 16 MERIT</u>			<u>UNDER 14 MERIT</u>		
	A	B	C	A	B	C	A	B	C
100 Metres	11.3s	11.8s	12.3s	11.8s	12.3s	12.8s	12.6s	13.1s	13.6s
200 Metres	23.0s	24.0s	25.0s	24.5s	25.3s	26.5s	27.0s	28.0s	29.0s
400 Metres	54s	55s	56s	57s	59s	61s	-	-	-
800 Metres	2min 5s	2min 10s	2min 18s	2min 13s	2min 18s	2min 26s	2min 25s	2min 30s	2min 40s
1500 Metres	4min 30s	4min 35s	4min 50s	5min	5min 0.8s	5min 15s	-	-	-
High Jump	1.70m	1.65m	1.60m	1.65m	1.60m	1.55m	1.40m	1.35m	1.30m
Long Jump	5.75m	5.60m	5.45m	5.70m	5.50m	5.30m	4.72m	4.57 m	4.42m
Triple Jump	11.50m	11.00m	10.50m	-	-	-	-	-	-
110 Metres Hurdles	17.0s	17.5s	18.0	-	-	-	-	-	-
100 Metres Hurdles	16.8s	17.2s	17.5s	15.4s	16.4s	17.4s	-	-	-
80 Metres Hurdles	-	-	-	14s	14.2s	14.4s	14.1	14.6	15.1
75 Metres Hurdles	-	-	-	-	-	-	12.6s	13.6s	14.6s
Shot Putt	11.5m	11.0m	10.5m	11.0m	10.5m	10.0m	8.7m	8.2m	7.7m
Javelin	41m	39m	37m	38m	36m	34m	28m	26m	24m
Discus	31m	29m	27m	31m	29m	27m	25m	23m	21m